

Alicja (49 years)

Position (working life, current etc.):

Alicja is a medicine doctor, she works in a hospital in Poznań and she has a part-time job in Private Caring Home in Konin. She specialises in diabetology.

Interests:

Alicja loves to travel, to Africa the most. She is a passionate photographer and yoga practitioner.

Social setting(s):

Alicja is divorced and lives alone in Poznań. She has two adult daughters. The younger studies law in Germany and oldest works as an intern in a hospital in Warsaw.

Problems (related to ICT or problem solving in daily life):

Alicja likes new technologies. She owns a smartphone and a tablet, and uses them on a daily basis. Alicja says that she prefers using tablet instead of her laptop because it's easier to use, it is lighter, she can take it everywhere and it can do almost everything just like a PC computer.



“Working description”, what would s/he usually do with the service(s):

Alicja found out about GUIDed services while looking for simple way to manage her smart home. She began to use GUIDed smart home control service (S2) for a while now and also decided to S5 to contact with her daughters. Alicja has an idea to implement S1 (smart nutrition and health service) in Konin’s Care Home where she works as a diabetologist.

Typical goals, tasks, situations:

Proper nutrition is a key to maintain good health condition of elderly people and in many cases even improves it.

Needs, frustrations and values:

There are often too many residents in care homes who require special attention, like people with diabetes for example. The nutrition situation of many elderly is poor in many care homes.

Citations:

“I hope to implement all of GUIDed services one day in our care home.”

“Any help we can get with looking after our patients would be just great.”