

## Scenario 3: Alicja working at care home in Konin

Alicja works as a diabetologist in Care Home in Konin. Many of its residents are her patients. She works there only part time so she is not able to monitor their condition on daily basis. Alicja is wondering if there is a way to do that, when she is not around to do it herself.



Her patients constantly have to check their glucose level, many of them have to receive insulin injections. Alicja knows that in diabetes, as well as medicine taking, proper nutrition is a key to maintain their good health condition and in many cases even improve it.

The need for a better managing care home residents health condition is crucial and not only in Konin's Care Home but in other homes as well. One of the caring homes problems is that they are understaffed, there are too many residents who require special attention, the nutrition situation of many elderly is quite poor in many care homes.

She was searching, for some time now, the way to solve this issue that was until she found out about GUIDed services. She decided to immediately inform Konin's Care Home management to implement some of them at their facility. Alicja strongly believes that GUIDed applications will not only save time and money but also, what is the most important for her, will improve health condition of many residents.

She did some research and she wants to implement S1 (Smart nutrition and health service) on a trial for some of the residents.

The group of volunteers signed up for trying them out cooperating with Alicja. She is going to use GUIDed service to her diabetes treatment plan, different for every patient and properly adjusted for each of them, depending of their needs. Nutrition and medication plan with GUIDed smart nutrition and health service S1 will be personalized and can be changed any time.

Few of the residents already have their own touchscreen telephones. Those who wouldn't have their own smartphones will get small tablets for the time of trial. Some of the residents already received basic training of managing smartphones and their touchscreens. For those who didn't master this before, additional lessons will be provided.

Alicja has no doubt that the trial will be a great success and she wishes that in the future other GUIDed features could be implemented as well, for example Smart home control service (S2) or Smart social communication service (S5) which she already uses herself and thinks that it would be a great way for residents to contact their families.